

Chronic Disease Prevention and Health Promotion (CDPHP) Section Updates 4/27/2023

General Updates

- CDPHP would like to welcome the following new staff:
 - Greg Stalker, MS, Health Program Specialist 1, Diabetes Coordinator
- Staff changes
 - Michelle Harden, MPA, promoted to CDPHP Section Manager
 - Kathrine Wright, PhD, MPH, transferred from the Food Security Coordinator position to the Health Equity Evaluator
 - Allison Gonzalez, MD, MPH, has accepted the position of Population Health & Wellness Evaluator, moving from the YVP Evaluator contract position into a state FTE.

CDPHP Program Updates

BOLD Program

- The CDC DP20-2004 *BOLD (Building our Largest Dementia) Infrastructure for Alzheimer's Core Capacity* started its final year September 30, 2022, and will conclude on September 30, 2023. The BOLD team submitted the grant application for the new CDC DP23-0010 BOLD five-year implementation in March of 2023. The CDC DP23-0001 State Public Health Approaches to Addressing Arthritis grant application will be submitted in early April of 2023.
- Nevada began building capacity to address Alzheimer's disease and related dementias (ADRDs) upon grant award and has partnered with the Alzheimer's Association, the University of Nevada Reno (UNR) Dementia Engagement, Education and Research (DEER) program, and the Aging and Disability Services Division (ADSD) to begin outlining improvements of Alzheimer's supports across the State. Since then, the BOLD program has also partnered with the Cleveland Clinic Lou Ruvo for Brain Health and the Sanford Center for Aging on upcoming projects for GY3.
- Since the award, the program has made substantial progress. The State continues to build staff capacity to manage the grant, including the onboarding of a new intern in January of 2023 who will be working on efforts around dementia risk reduction. The UNR Dementia Engagement, Education and Research (DEER) partnership has established a framework for providing education to care providers, a compilation of Nevada-specific resources, and established data and surveillance systems and this project is in an accessible publicly available format. The finalized Nevada Alzheimer's Disease and Other Dementias State Plan was presented to the legislature by the Task Force on Alzheimer's Disease (TFAD) in February of 2023 to present revised and new recommendations that align with the CDC's Healthy Brain Initiative.
- The BOLD program team, in conjunction with the UNR DEER team in 2023, are focused on relaunching their eleven Community Coalition groups and have identified at least one co-facilitator for all eleven Coalitions. Community Coalitions

will host kick-off events to relaunch their Coalition group for 2023. In preparation for the relaunch, the DEER program hosted a Co-facilitator Capacity Building Workshop in January of 2023 with 20 attendees. The UNR DEER team has started efforts to add new Community Coalitions in other rural counties. Dementia Friendly Southern Nevada Urban Coalition launched their kick-off event in February of 2023 with over 150 attendees, Dementia Friendly Douglas County Coalition had their kick-off event in March of 2023 with over 60 attendees. The remaining Coalition groups have scheduled their kick-off events in April and May. In addition to these local efforts, the Dementia Friendly Nevada Statewide Coalition started two new workshops held monthly, focusing on planning efforts of two Dementia Friendly Nevada Aspirations and two recommendations from the State Plan and will hold their Dementia Friendly Nevada Statewide Coalition meetings every three months.

- The Nevada Specific toolkit for communities will become available in an interactive online version in the next few months. This toolkit has been shared with the CDC, Alzheimer's Association National Office, and presented at the National Dementia Action Alliance Conference. Additionally, the Dementia Friendly Nevada information hub and resources-driven website is being updated to make improvements to become more dementia friendly for easier navigation.
- The DEER program has launched their new CIT Understanding Dementia/Alzheimer's Training provided in March of 2023, which is focused on providing dementia education to first responders to help deescalate potential crisis situations and reduce unnecessary hospitalizations.
- A joint messaging campaign between CDPHP, ADSD and UNR DEER Program is currently being programmed through work with KPS3, a professional media company. Two 30 second commercial / PSA media spots will highlight the changing landscape of dementia, address stigma and provide marketing for available resources.

Comprehensive Cancer Control Program

- CDC has requested the Comprehensive Cancer Control Program and the Nevada Cancer Coalition (NCC) present to several other states on their participation in the pilot Rural Survivorship Project with Project Echo and patient navigation. The presentation will include successes, lessons learned, and outcomes.
- Breast cancer policy work - a bill has been proposed at the 82nd Legislative Session to provide policy coverage for all supplemental breast cancer screenings and diagnostics to increase access to health care and support health equity initiatives.
- [ThriveNV patient navigation](#) serving Hispanic communities has expanded as records indicate an increase in Hispanic referrals and callers in need of access to services, resources, mentor support, and/or survivorship tools. NCC will continue to track these indicators.
- A final report will conclude breast cancer screening research that was conducted by University of Nevada, Reno Larsen Institute which included an on-line survey for all health disparate populations and listening tours specific to African American/Black women.
- Sun Smart Schools program was given authorization by Clark County School District to provide education and presentations on sun safety behaviors and damage the sun can have on the skin to the students and administration. This is a

huge accomplishment as NCC has faced many barriers up to this point.

WISEWOMAN

DP 18:1816 - Well-Integrated Screening and Evaluation for Women Across the Nation (WISEWOMAN)

WISEWOMAN Updates

- The WISEWOMAN Year 4 grant started September 29, 2022 and will go through September 29, 2023.
- The Business Process Analyst I (BPA I) started at the end of January
- Guadalupe Medical Center added another WISEWOMAN Clinic in January, and we are already seeing the added screening numbers and increased HBSS referrals.
- Evaluation deliverables due at the end of June.
- Current WISEWOMAN numbers December 2021 – January 2023:
 - Total number of women screened: 226
 - Follow-up screenings needed: 43
 - Rescreening needed: 0
 - Referrals to Health Behavior Support Services (HBSS): 184
 - Number of women with 1 completed HBSS: 123
 - Number of women completed HBSS: 86

Purpose

WISEWOMAN was created to help women understand and reduce their risk for heart disease and stroke by providing services to promote lasting heart-healthy lifestyles.

Eligibility

- Women 40 – 64 years of age
- Low-income (below or at 250 percent of the Federal Poverty Level)
- Underinsured or uninsured
- Enrolled with the National Breast and Cervical Cancer Early Detection Program (NBCCEDP) – WHC Program

Nevada 1815 and 1817 Grants: Diabetes, Heart Disease, and Stroke Prevention Programs

Heart Disease

- The HDSP program is recruiting stakeholders for the Nevada statewide Heart Disease and Stroke Prevention Taskforce (Taskforce) currently meeting bi-monthly. The Taskforce stakeholders include individuals, community-based organizations, healthcare professionals, healthcare systems, NSHE, and Nevada's local public health agencies, and medical societies – please contact the Taskforce lead, Troy Lovick @ Tlovick@health.nv.gov for more information.
- The HDSP program is currently applying for two new grants, the National Cardiovascular Health Program, CDC-23-0004 and the Innovative Cardiovascular Health Program, CDC-23-0005 which will replace the 1815 and 1817 grants when they expire this fiscal year.

- The 1817 HDSP program is engaged in closing out the 1815 and 1817 grants that expire this fiscal year.

Diabetes

- The Diabetes Prevention and Control Program (DPCP) collaborated with Nevada Business Group on Health to begin a pilot program to have Diabetes Self-Management Education Support and Diabetes Prevention Program as a covered benefit by Public Employees Benefit Plan.
- DPCP collaborates with Comagine to identify statewide capacity for lifestyle change programs and reengage the Diabetes State Engagement Meeting (StEM).
- CDPHP hired a Diabetes Program Coordinator, Gregory Stalker, MS.

Nevada Wellness and Prevention Program

- PHHS funded Activities: The Wellness and Prevention Program (WPP) continues to implement NRA 392.420, which is related to the height and weight data collection among school-aged youth in Nevada. In collaboration with Washoe County School District (WCSD), Clark County School District (CCSD), the Nevada Institute for Children's Research & Policy (NICRP), the WPP is working to identify strategies to support school nurses in conducting height and weight data collection. PHHS-FY22 scope of work post-award amendments to secure implementation of Senate Bill 2 for the school year 2023-2024 are completed. The Standard Operation Procedures (SOP) for Collecting and Reporting Students' Height and Weight in Nevada Schools is finished and approved, the translation from English to Spanish of some resources is still in progress.
- SNAP-Ed funded Activities: The WPP is working with childhood obesity prevention partners to increase Child and Adult Care Food Program (CACFP) participation in Early Care and Education (ECE) setting in Nevada. The WPP and partners met with CDC Division of Nutrition, Physical Activity, and Obesity team and identified guidelines to advance unmet and partially met national standards Caring for Our Children (CFOC). The WPP facilitated two policy review sessions and prepared policy review summaries for ECE partners. Action items for the remaining FFY23 are planned. The Continuous Quality Improvement project to support CACFP participation is completed.
 - Activity 1-SNAP-ED-GIS Map development and completing quality control. The end of March is the deadline to submit raw data. The MAP is a GIS project between the licensing and the early care education centers participating in food programs. NDA, Children's Cabinet, DPBH, and separation program are part of this activity.
 - Activity 2-Policy and alignment will resume in April 2023. Intending to use a policy contractor to guide the project.
- Other funded Activities: The WPP is coordinating a statewide cohesive message around Healthy Eating and Active Living (HEAL) and a statewide program named, for now, Nevada 5-2-1-0. The initiative aims to support key community members to facilitate environments for the community to adopt HEAL behaviors. Current partners consist of WCHD, SNHD, CCHHS, Carson Tahoe Hospital, and the CDPHP Diabetes Prevention and Control Program.
- The WPP finished the 2022-Nevada Obesity Report with state level data in March. The report is currently under review to include county level data. The review process is scheduled to be completed in December.

- The WPP funding investigation project which consisted of Nevada's current efforts for wellness initiatives, wellness programs across other states, and recommendations for funding is constantly updated, reviewed, and used.
- Annual Obesity Report is routing for approval.

Preventive Health and Health Services Block Grant

- The PHHS coordinator submitted the Interim Annual Progress Report (APR) for FY 2022 in January 2023.
- Subgrantees are actively working on their programs and projects.
- Subgrantee reporting and technical assistance calls are ongoing.
- The PHHS Program Coordinator will schedule a separate Public Hearing in May for the PHHS work plan

Tobacco Control Program (TCP)

- The Tobacco Control Program is collaborating with the Nevada Cancer Coalition to finalize the Nevada Tobacco Plan to guide activities from 2023-2028. Working with partners to finalize year 4 activities and begin the final program evaluation report FY23. There are several Bills under legislative review, including AB53, SB
- Youth Prevention / Synar (Retail) TCP staff is updating the Synar Strategic Plan to incorporate the collaborative efforts of TCP, SAPTA, OAG and the entire State Synar team. The new strategic plan will be designed with a new logic model and evaluation matrix and will incorporate community partner input. Recent Synar inspections show a Retail Violation Rate (RVR) under 10% for the months of January and February. This is exciting and has brought down the cumulative RVR for the Oct 2022 – Sept 2023 inspection period to be within compliance under 20% for the Synar Amendment. We think this is partly due to the change in NRS 370.521(3) which requires tobacco retailers to use scanning technology or automated software to verify the ID of a consumer under the age of 40. Youth Prevention is prepping for this year's Standardized Tobacco Assessment of Retail Settings (STARS) survey. YVP partners will canvass the State using the STARS mobile app to assess retail tobacco establishments to identify the access and marketing of tobacco, vapor, and related products to youth. Keeping up to date on legislative meetings; several bills related to tobacco and connected to youth access. The TCP's promotion of statewide cessation awareness continued with providing support to managed care organizations.
- Contributions promoting a diverse array of Quitline cessation resources included select continuing medical education offerings to health care providers, contextual marketing toolkits, partner site visits, and strategic outreach to newly interested health care sites attracted to program offerings and willing to support tobacco cessation efforts.
- The Tobacco Cessation website is slated for deployment, and the commitment to provide direct support to aligned stakeholders is meeting intended goals and efforts to sustain working interstate and regional relationships.

Women's Health Connection (WHC) Program

- The WHC program has hired on a new coordinator, who will start April 17th.
- WHC continues to work with Access to Healthcare Network (AHN) to support uninsured and underinsured women living at or below 250% of the Federal Poverty Level, receive funding and care coordination for breast and cervical cancer screening and diagnostic services.

The following data accounts for state general funds appropriated for screenings services (\$500,000 per biennium) expended from June 30, 2022, through March 27, 2023:

- 2,111 Women Served
- 27 Clinical breast exams, 7 Abnormal results
- 1,967 Mammograms, 237 Abnormal results
- 13 Breast cancer cases, including: 7 Case of invasive cervical cancer 6 Cases of ductal carcinoma In Situ
- Referrals to treatment: 2 patients diagnosed referred to Medicaid

The following data accounts for CDC funds appropriated for breast and cervical cancer screening and diagnostic services expended from June 30, 2022, through March 27, 2023:

- 5,174 Women served 5,016 Clinical breast exams 1,730 Mammograms 3,163 Pap tests
- 34 Cases of breast or cervical cancer cases, including: 8 Case of Ductal carcinoma in situ 8 Cases of invasive breast cancer 18 Cases of invasive cervical cancers or cases of premalignant cervical lesions

Office of Food Security (OFS)

1. State Partnerships Improving Nutrition and Equity (SPINE) Program

- a. The State of Nevada was awarded funding from the National Association of Chronic Disease Directors (NACDD) to participate in the State Partnerships Improving Nutrition and Equity (SPINE) Program. The Office of Food Security is partnering with Catholic Charities of Northern Nevada (CCNN) for this program to improve access to nutrient-dense and culturally appropriate foods throughout Nevada. The OFS is developing the SPINE Food Security Action Plan (further explained in List Item #2).

Updates:

- To date, CCNN has distributed 720 meals to 144 individuals in Sun Valley. Of these, 140 agreed to being assessed for other wraparound services. CCNN's outreach team distributes at least 25 bus passes and 1,500 flyers monthly in Sun Valley. The flyers include bilingual information on SNAP, upcoming immunizations, outreach events, partner information, benefits enrollment information, recipes.
- One of CCNN's most successful outreach tools for addressing homelessness and food insecurity in micro-urban service deserts is their Anthem bus pass. These 5"x7" hard stock double-sided cards include a map to CCNN, list of services, QR code, and contact information with a free 1-day RTC bus pass. To reach the target population, CCNN's board members, staff, and volunteers, focus their distribution on homeless living in micro-urban and suburban communities of Reno-Sparks. Since they are less than a mile west of the Nevada Cares Campus, these cards truly provide

access beyond their food and wraparound services, such as shelter, hygiene and basic needs, mental, behavioral, and medical support, and other social determinants of health.

- CCNN received an NDA ARPA grant that is supporting the purchase of Nevada grown and produced food. Through their Immigration Legal Services team and relationships with mosques, synagogues, temples, wards, and others, their Food Pantry director is informed on the proper fresh fruits, vegetables, dairies, starches, and proteins to ensure access to culturally competent options for clients. By purchasing locally, they are supporting Nevada agriculture and businesses who are also recovering from the pandemic.
- CCNN's nutritionist is now working with their chef to evaluate nutritional elements of their dining room meals, provide any nutritional suggestions or substitutions, and promote healthy choices in their food pantry with education and recipes that incorporate SNAP food items. For example, all meals include a drink, vegetable, fruit, starch, and desert. CCNN's dining room meals are meant to be hearty, higher calorie, and easy to chew to address dental issues and skipped meals of the target population. Their chef, Kim, and his team believe that serving with dignity includes tasty, nutritious food. In fact, Chef Kim won a local TV station's version of Chopped, which included a showdown between Kim and a casino chef. Judges included Reno and Sparks city council members and a local celebrity.

Their next aim is to open more Client Choice Food Pantries that bring their wraparound services to clients living in micro-urban and suburban service deserts with a focus on serving with dignity. Case managers, social workers, and community health workers attend these pantries to ensure that clients' needs are addressed.

- b. The OFS has also partnered with the WIC Program and the Maternal, Child, and Adolescent Health (MCAH) Section and received supplemental breastfeeding funding from SPINE to augment existing efforts around supportive breastfeeding strategies to advance health equity.
 - We have partnered with The Nevada Statewide Breastfeeding Coalition, who will utilize their existing contacts and community presence to promote the importance and expand opportunities for NN and rural communities to access appropriate and relevant breastfeeding education.
 - Solidified scope of work for recruitment of lactation education sponsorships.
 - Identified a breastfeeding professional to act as a representative and talent for the breastfeeding education webinar.
 - KPS3 will provide appropriate website updates that highlight and improve the ability to find breastfeeding friendly childcare centers. Additionally, they will edit the breastfeeding education webinar to make it appealing and representative to increase learning

capabilities of the intended audience.

- Defined and agreed on scope of work and process for website updates and webinar.

REPORTS: CFS Annual Report was submitted to LCB and the administrator, Food for People Not for Landfill letter was submitted to LCB. The SFY22 FHN Annual Report is routing for approval. The SFY23 Annual report will begin July 2023.

2. Food Security Plan

- a. The Division of Public & Behavioral Health (DPBH), within the Nevada Department of Health and Human Services (DHHS), contracted with The Blueprint Collaborative (TBC) and Guinn Center in collaboration with the Council on Food Security to refine the objectives and goals of the 2013 strategic plan and establish the 2023 Nevada Food Security Strategic Plan. The 2022 Needs Assessment was also completed and used in the development of the 2023 Nevada Food Security Strategic Plan. Strategic plan was completed and release February 2023.

3. Fund for Health Nevada Hunger Funds

- a. GMU received Review Committee opinion on SFY24-25 FHN funds. GMU to determine awards April 2023 and funds to disseminate July 1, 2023. Currently there are 11 FHN providers with Year 2 ending June 2023.

Health Disparity Grant/STRETCH Grant

- The DHHS Health Equity Unit (HEU) received Quarterly reports and Technical Assistance calls are currently being conducted with the following partners:
 - Behavioral Health Wellness and Promotion
 - Nevada Office of Minority Health and Equity
 - Healthy Community Coalition, specifically with expanded partnership with the Nevada Community Health Workers Association,
 - Nevada Cancer Coalition
 - Southern Nevada Health District
 - Grants Management Unit
 - Washoe County Health District
 - Office of Rural Health
 - Maternal Child and Adolescent Health
 - Division of Child and Family Services
 - ACCEPT
 - Xquisite
 - UNR's Faith Based Initiative
 - Truckee Meadow Community College
- A no cost extension was approved and has been extended to all of the programs but ACCEPT, who respectfully declined.
- The Nevada Broadcasters Association (NBA) work orders with ADSD are active and are working on their second year of partnership.

- HEU has been approved to present their process evaluation findings through UNLV to the National Rural Health Association.
- NACDD will deliver its two-day course entitled *The Foundations of Health Equity*. Participants will learn terms and concepts associated with health equity, racial equity, the social determinants of health and how they impact health outcomes. Participants will explore what impedes and advances public health practice as we pursue health equity and will learn strategies to operationalize an equity lens in all policies. This training is open to 50 participants. Possible dates will be held in the summer of 2023.
- HEU with Nevada Office of Minority Health and Equity (NOHME) have been conducting the Black, Indigenous, and People of Color (BIPOC) + Allies support groups weekly.
- HEU has been involved in the following STRETCH lunch and learn sessions: Data Equity, and the Georgia Health Policy Center HEU is excited to attend the STRETCH Summit in Arlington, Virginia to be held on 1/26/23 and 1/27/23 which will offer teams and partner organizations to connect and reflect on the STRETCH experience.
- HEU is working with SNHD's Health Equity Grant quarterly to ensure there are no duplications to the work being done in Nevada. The next quarterly meeting with Xavier Flores will be in the Spring.
- HEU has changed from a newsletter format to posting social media posts monthly on topics in Health Equity with Kathie Taylor. A flyer about the Health Equity Unit has been produced and a registry is being completed of all of the organizations that are associated with Health Equity.
- HEU developed a workplan for the Strategies to Repair Equity and Transform Community Health (STRETCH) Initiative to advance health equity within CDPHP programs and activities. This has involved trainings for the HEU as well as NOHME including Adaptive Leadership and Lunch and Learns about Health Equity. A presentation with Immunize Nevada in May is being prepared to present these initiatives for the Health Equity Unit. STRETCH has also published social media campaigns involving the Nevada Health Equity Unit.
- The CDPHP Strategic Plan and Food Security Plan have both been completed through the funding for the Health Disparity Grant.
- HEU is also assigned as the DPBH language access coordinator to develop a Language Access Plan (LAP) as required by NRS 232.0081. The LAP was submitted in October and is awaiting review from Office of New Americans (ONA) and will be implemented once that occurs.